

**FOR IMMEDIATE RELEASE:**

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**Sirens/Ares Soccer Club Coaching Staff Announcements**

(Rockford, Illinois: May 18, 2006) – The Sirens/Ares Soccer Club has always steadily grown each year. Based on marketing efforts, excellent staffing, and the consistent ability to turn out a quality product, our upcoming try-outs will bring us even more new teams. We expect growth in both boys and girls programs, with expectations for new age group teams, as well as filling in some of our current teams.

The Board of Directors is very proud of the Sirens/Ares coaching staff. We truly believe we have the best in our area. All show the desire to be team leaders *and* provide a positive, enthusiastic environment for the players. We have added several new members to our coaching staff, which will help to propel our club to new levels of achievement.

**Eno Obot.** Eno began playing soccer in his native Nigeria and most recently coached with the Rockford Raptors and Dactyls. Prior to that, Eno was part of the nationally ranked Sockers FC in Palatine, IL. He has 15+ years of professional youth soccer coaching experience and is involved with the Illinois ODP program. Eno has also played soccer professionally for two years. Eno brings a tremendously high level of energy and passion to our club. He is committed to the development of very technical and tactical players. We look to Eno to continue the high quality of player development that the Sirens/ Ares Soccer Club is committed to.

**Marissa Cullen.** Marissa is being hired as our new club Fitness Trainer. Marissa grew up competing in various sports, always excelling. Marissa dove, ran track, played tennis and soccer for Guilford. From there, she went to Rock Valley. She won a National Tennis Championship while playing there. Marissa coached youth tennis (for Mike) for about four years, and has a USTA certification to do so. Lastly, she's a certified Cross-Fit Personal Trainer, and has a successful private business and clientele.

**Mike Muldowney.** Mike played club ball for Pegasus in Chicago in the early '90's. During that time, Pegasus was one of the top clubs in our region – we're convinced it was because of Mike's playing on the team. He went on to play Varsity for Guilford, and was All-Conference. An injury ended his soccer career prior to college, so he turned his competitive energies to tennis. He played Varsity, and was All-Conference, as well. He played for St. Olaf and University of Iowa. After college Mike established himself as one of the top coaches in the area for developing athletes. He's trained at least 21 All Conference tennis players in the 10-years since he graduated from Guilford. He is an incredible motivator and has an uncanny knack for inspiring high achievement. His true passion is soccer, and is looking forward to getting back to his true sport of choice and mentoring our players.

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For more information about the Sirens/Ares Soccer Club, visit our Web site at [www.sirensoccerclub.com](http://www.sirensoccerclub.com) OR [www.aressoccerclub.com](http://www.aressoccerclub.com).

#### About the Sirens/Ares Soccer Club

The Sirens/Ares Soccer Club is a highly competitive and successful youth soccer club dedicated to the development of respected athletes with exceptional physical and mental stature. Our systematic training approach has propelled our club to prominence. Testament to this statement is our ranking as the 4<sup>th</sup> best program in the state of Illinois, and 57<sup>th</sup> nationally (according to 2006 National Soccer Rankings). As a result, the Sirens/Ares Soccer Club is among the top 5% nationally as it relates to other “like” soccer organizations. For more information about our organization, contact Gary Wright, Vice President of the Sirens/Ares Soccer Club, at 815.874.6660 or by e-mail at [vicepresident@sirensoccerclub.com](mailto:vicepresident@sirensoccerclub.com).

Visit our Web site at [www.sirensoccerclub.com](http://www.sirensoccerclub.com) OR [www.aressoccerclub.com](http://www.aressoccerclub.com)

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